

Growing Organic Food Year Round



250 River Road, Dresden, Maine 04342 • 207-737-8834 • goransonfarm.me

Free Choice CSA Program

For 24 years our farm has offered a unique arrangement between farmer and community called **Community Supported Agriculture (CSA)**. In exchange for financial support in the spring from “shareholders,” our farm commits to providing healthy, certified organic food through the 25-week growing season, May – Oct. Traditional CSA’s have regular pick-ups of a bag of produce and one gets whatever the farm has in abundance

that week. In 1991, *Goranson Farm* developed a **unique CSA model that affords you the flexibility to pick out what you want and how much you want, when and where it’s convenient for you.** Your share can be used at farmers’ markets or at the farm. When you purchase a farm share at the beginning of the season, you are essentially establishing a credit account with the farm – you choose how to use it!

A Brief History – *Goranson Farm* in Dresden is owned and operated by Jan Goranson, Rob Johanson and their sons Carl and Goran. Jan’s mother and father, Everett and Geneva, had farmed high quality potatoes on this land since the 1960s and Jan’s grandparents were farmers in northern Aroostook county. Since 1985, Jan and Rob have worked to maintain this unique family farm and preserve the irreplaceable open space along Merrymeeting Bay. *Goranson Farm* is a widely diversified maple syrup, vegetable and berry farm. For the second year, Carl and Goran will integrate horsepower onto the farm.

Free-Choice CSA

... at the Farmstand

The farmstand, located in Dresden, is a short 15-minute ride from Wiscasset, Gardiner or Bath, or 30 minutes from Augusta or Brunswick. It is **open seven days a week** from June through September, and with reduced hours in October and November.

For 25 weeks, select from a variety of fresh, in-season **organic** produce, berries and other fruit, fresh flower bouquets, herbs, and maple syrup. You can also use your farm share to purchase other locally produced products that we carry, which include cheeses, honey, baked goods, fresh eggs, dried beans, preserves, and our farm raised chicken and pork. Look for cuts of locally produced beef and pork, and chicken pies in our freezer. Organic strawberries are available in June in quantities to freeze.

Winter Share Option

For 19 successful years we have offered a separate **Winter Share Option**. From November through April, winter storage vegetables (potatoes, beets, carrots, leeks, garlic, onions, parsnips, celeriac, herbs, squash, cabbage, rutabagas and turnips) and fall greens are packed for pick-up once a month, either at the farm or at a location in Boothbay or Damariscotta. We feature different potato and squash varieties each month. Also included each month are recipes, storage tips, and a letter of farm activity.



Carl, Rob, Goran and Jan

... at Farmers’ Markets

We attend farmers’ markets in **Portland** and **Bath** from early May through late October, as well as markets in **Boothbay** and **Damariscotta** that run from mid-May through early October.

During the farmers’ market season, your CSA share can be used to pick up produce, berries, flower bouquets and other products we bring for sale from the farm, including maple syrup, jams and chickens.

Check with us in the fall for our **winter market** schedule in Bath, Brunswick and Portland.

In August, don’t miss our **CSA member potluck**. Join us for sharing music and great food.

Check us out on Facebook!

Gift Certificates

Good for any of our fresh produce or other products we sell at our stand or farmers markets. Available at the farm stand in any amount you choose, from May thru October. *The perfect gift for those who share your love of fresh veggies!*

List of Vegetables and Expected Harvest Dates

	Mid May	June	July	August	Sept	Oct	Nov - Dec	Jan - Mar
ASPARAGUS								
BEANS								
BEETS								
BEEF GREENS								
BROCCOLI								
BRUSSELS SPROUTS								
CABBAGE								
CARROTS								
CAULIFLOWER								
CORN								
CUCUMBERS								
CANTALOUPE								
FENNEL								
GARLIC								
GREENS - MIXED								
HERBS - ASSORTED								
KALE								
LEEKs								
LETTUCE								
ONIONS								
PARSNIPS								
PEAS - SHELL								
SNAP								
PEPPERS								
POTATOES								
PUMPKIN								
RHUBARB								
RUTABAGAS								
SCALLION								
SPINACH								
SUMMER SQUASH								
WINTER SQUASH								
STRAWBERRIES								
SWEET POTATOES								
TOMATOES								
- GREENHOUSE								
- FIELD								
WATERMELON								

Thank you for your interest in Goranson Farm. We truly believe that by keeping some of the best agricultural land in Maine growing nutritious food, everyone in the community benefits. Not only does a fast disappearing way of life survive, but the rural character so important to our vision of Maine is sustained. Join us today!

Free Choice CSA Options

Over a 25 week season, you choose from everything our farm carries. You choose what you want, how much you want, when you want it, and where you pick it up. Purchases are deducted from the credit established by paying early, thus no cash is necessary for purchases throughout the season. Paying before June ensures the discount outlined below.

Our options are designed to meet the needs of families, large and small, those who grow some of their own food, or those who need food for just part of the season.

- **Full Share Option:** Available for \$400.00. This entitles you to \$440.00 worth of produce and farm merchandise – a suitable amount for a family or couple who enjoys cooking.
- **Half Share Option:** Available for \$200.00. This entitles you to \$215.00 worth of farm produce and farm merchandise – suitable for families or couples who have their own garden and want to ensure they supplement their diet with fresh organic food.
- **Quarter Share Option:** Available for \$100.00. This entitles the shareholder to \$105.00 in farm produce and farm merchandise – suitable for single folks and seniors, or makes a great gift.
- **6-Month Winter Share Option:** Once-a-month pick up of crops that are available Nov. through April – \$275, including winter greens and large selection of tasty squash, roots, tubers and alliums. To ensure participation, pay deposit by June 1 (\$100.00 minimum).

Food for Thought: Why Join our CSA?

- Choose only what you want and as much as your family needs. There's no worry of getting food you don't like or of food loss if you vacation.
- Choose from an abundant number of veggie possibilities every week. No less than 15 items to as many as 30!
- Choose from unlimited supplies of strawberries, peas, beans, greens, corn & tomatoes when they are in season. Great for canning and freezing opportunities or when guests come.
- Choose what you want to grow. Plant starts can be a part of your share. Choose from organically grown herbs, flowers or veggies. Let us grow to fruition whatever else you need.
- Choose to get farm raised meats, eggs & maple syrup with your share.

We want to be your farmers! Thank you – Jan, Rob, Carl and Goran

Sign Up with Goranson Farm!

Our goal at Goranson Farm is to use environmentally healthy practices that enrich the soil to provide nutritionally superior food for our community. **Your CSA share supports this vital effort.**

The farm now accepts payments through EBT.

CSA SHARE OPTIONS

- Full Share Option (\$400.00)
 - 1/2 Share Option (\$200.00)
 - 1/4 Share Option (\$100.00)
 - 6-Month Winter Share Option (\$275.00) for Nov. - April
- \$100.00 deposit due June 1st secures priority.
- } Two equal payments for the chosen share amount can be made. Paying in full before June ensures your discount.

BUY OUR FARM-RAISED MEAT WITH YOUR CSA SHARE

Our humanely-raised chickens and pigs enjoy free-range organic pastures and sunshine. Their diet consists primarily of our farm raised vegetables and enough GMO-free grain for balanced nutrition. The meat is lean, moist and extremely flavorful. Order now for pick-up later in the season.

Chickens – available June _____, July _____, Aug. _____, Sept. _____, Oct. _____ (Indicate quantity of chickens desired; average weight 4 lbs.)

Pigs – available whole or by the side in October. Whole _____ Half _____ We have a limited supply. Sign up early! \$100.00 deposit _____

Thanksgiving Turkey (grown naturally by friends) – Small: 14-16 lbs. _____ Medium: 17-20 lbs. _____ Large: 21-24 lbs. _____

Return this form to sign up (250 River Road, Dresden ME 04342)
Please make checks payable to Goranson Farm. Thank you!

Name _____ Telephone _____

Address _____ E-mail _____

Please include your **email address** to help save postage, paper and time.

You may also download the sign-up form on goransonfarm.me, fill it out and send your check to the farm or pay online.

If none of the CSA options fit your needs perhaps we can customize one for you.

For more information, call us at the Farm: 737-8834. Ask for Jan or Rob.

Where You Can Find Us GORANSON FARM

ORGANIC PRODUCE, MAPLE SYRUP, CSA

CERTIFIED BY MOFGA CERTIFICATION SERVICES, LLC



Telephone: **737-8834**

Email: organic@goransonfarm.me

Web: goransonfarm.me



FARMSTAND

250 RIVER ROAD, DRESDEN

OPEN DAILY: 9 a.m. to 6 p.m.

JUNE thru SEPTEMBER

FARMERS' MARKETS

BATH
WATERFRONT
Saturdays, 8:30 to noon
May 3 thru October

BOOTHBAY
TOWN COMMON, Route 27
Thursdays, 9:00 to noon
Mid-May thru October 2

PORTLAND
MONUMENT SQUARE
Wednesdays, 7:00 to 1:00
April 29 thru November 21

DAMARISCOTTA
ROUND TOP FARM, Route 1
Fridays, 9:00 to noon
Mid-May thru October

DEERING OAKS PARK
Saturdays, 7:00 to 1:00
April 25 thru November 25

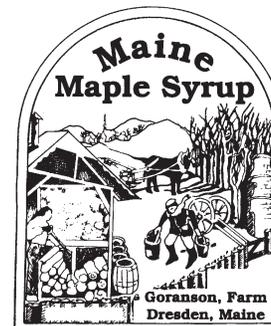
WINTER MARKETS

November thru April – Every Saturday
9:00 to noon all locations

BATH
The Freight Shed

BRUNSWICK
Fort Andross

PORTLAND
Urban Farm Fermentory



Join us for Maine Maple Sunday

Always the 4th Sunday in March

Look for us on **FACEBOOK**
and **MOFGA.NET**